

Record card for children aged 2–11 years taking



MOVICOL[®] Paediatric

macrogol 3350, sodium hydrogen carbonate,
sodium chloride, potassium chloride

This image is for illustrative purposes only.
Any person depicted in them is a model.








You have been given this leaflet as your child has been prescribed **Movicol Paediatric** to treat their constipation or faecal impaction.

It may be a good idea to keep a note of your child's bowel movements using the record card below. Fill in the number of sachets they take each day, the number of times they go to the

toilet to pass a stool, and indicate what type of stool is passed by using the Bristol Stool Form Scale number. Give the completed chart to your doctor or nurse when you next see them.

Please speak to your GP, Nurse or Pharmacist for further advice or if you have any concerns. Please always read the patient information leaflet in the pack of your medication.

The Bristol Stool Form Scale

Type 1	Type 2	Type 3	Type 4	Type 5	Type 6	Type 7
						
looks like: rabbit droppings	looks like: bunch of grapes	looks like: corn on the cob	looks like: sausage	looks like: chicken nuggets	looks like: porridge	looks like: gravy
Separate hard lumps, like nuts (hard to pass)	Sausage-shaped but lumpy	Like a sausage but with cracks on its surface	Like a sausage or snake, smooth and soft	Soft blobs with clear-cut edges (passed easily)	Fluffy pieces with ragged edges, a mushy stool	Watery, no solid pieces ENTIRELY LIQUID

The paediatric scale is the concept of D.C.A Candy and Emma Davey based upon the scale collaborations of Norgine and Dr. Ken Heaton. The Bristol Stool Form Scale is © The Rome Foundation, Inc. and is used with permission.

Information

Child's name: Date of birth: Doctor's name:

Prescribed laxative and dose / other information:

For further advice/between visits, contact:

Common side effects include abdominal pain, stomach rumbling, diarrhoea, vomiting, nausea and anorectal discomfort.

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Bowel Record Card

Day		1	2	3	4	5	6	7	8	9	10	11	12	13	14
Time															
Type of stool (use number given overleaf)															
Quality of stool Large (L); Medium (M); Small (S); None (N)															
Pain/distress when passing stool Yes; No; Some															
Where was the stool passed? Toilet; Nappy; Other															
Pants soiled?	Number of times during the day														
	Type of soiling Stained; Loose; Solid														
Dose of laxative taken	Breakfast														
	Lunch														
	Dinner														
	Night														

Reporting of side effects in the United Kingdom

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in the package leaflet. You can also report side effects directly via the Yellow Card Scheme at www.mhra.gov.uk/yellowcard. By reporting side effects you can help provide more information on the safety of this medicine.

Norgine Adverse events should also be reported to Medical Information at Norgine Pharmaceuticals on: +44 1895 826606 or E-mail: medinfo@norgine.com

Reporting of side effects in Ireland

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in the package leaflet. You can also report side effects directly to the HPR, via www.hpra.ie, medsafety@hpra.ie or by calling (01) 676 4971. By reporting side effects you can help provide more information on the safety of this medicine.

Norgine Adverse events should also be reported to Medical Information at Norgine Pharmaceuticals on: +44 1895 826606 or E-mail: medinfo@norgine.com